

FOOD CHART

SL.NO	DAY	BREAKFAST	LUNCH	TEA	DINNER
1.	MONDAY	• TEA • BISCUITS	• RICE • DAL • GREEN VEGETABLES • PICKLE	• TEA • BISCUITS	• RICE • DAL • FISH • FRYUMS • PICKLE
2.	TUESDAY	• TEA • BISCUITS	• RICE • POTATOES • GREEN VEGETABLES • PICKLE	• TEA • BISCUITS	• RICE • DAL • EGGS • PICKLE
3.	WEDNESDAY	• TEA • BISCUITS	• RICE • DAL • GREEN VEGETABLES • PICKLE	• TEA • BISCUITS	• RICE • POTATOES • PORK • PICKLE • FRYUM
4.	THURSDAY	• TEA • BISCUITS	• RICE • DAL • GREEN VEGETABLES • PICKLE	• TEA • BISCUITS	• RICE • POTATOES • EGG • PICKLE • FRYUMS
5.	FRIDAY	• TEA • BISCUITS	• RICE • POTATOES • GREEN VEGETABLES • PICKLE	• TEA • BISCUITS	• RICE • POTATOES • CHICKEN • PICKLE
6.	SATURDAY	• TEA • BISCUITS	• RICE • BEANS • GREEN VEGETABLES • PICKLE	• TEA • BISCUITS	• RICE • POTATOES • EGGS • PICKLE • FRYUM
7.	SUNDAY	• TEA • BISCUITS	• RICE • DAL • GREEN VEGETABLES • PICKLE	• TEA • BISCUITS	• RICE • POTATOES • EGGS • PICKLE • FRYUM


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